



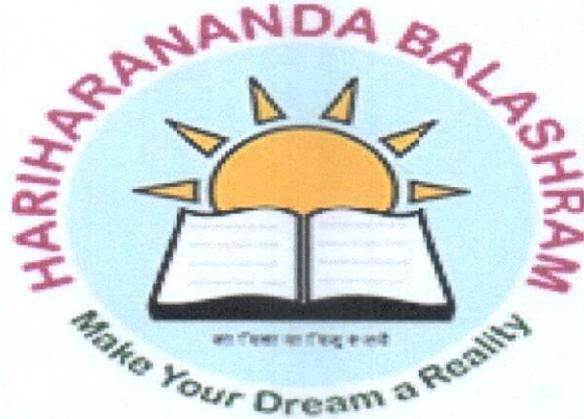
**Field Visit to Hariharananda Balashram, Arua, District-
Kendrapara**

By

The Department of Philosophy

On

20th February 2023



Pattamundai College, Pattamundai, Kendrapara, Odisha

Session: 2022-23



OFFICE OF THE PRINCIPAL
PATTAMUNDAI COLLEGE, PATTAMUNDAI

No.....219.....

Dt...20/02/2023.....

To

The Principal
Hariharananda Balashram,
Arua, Kadalibana

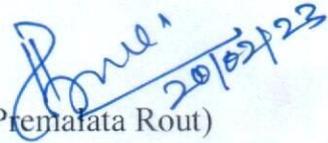
Sub:-Seeking Permission to have a field visit on 20-02-2023.

Sir,

I have the honour to request your kind heart to the fact that the students and teachers of Philosophy Department of this institution are interested to have a field visit to your institution on 20-02-2023 as part of curricular event.

Therefore necessary permission may be accorded at your end for the said visit.

With Regards.


(Dr. Premafata Rout)
Principal
Pattamundai College

Brief Field Visit Report to Hariharananda Balashram, Arua, District- Kendrapara

By

The Department of Philosophy,
Pattamundai College, Pattamundai

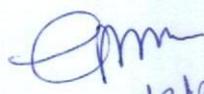
Date: 20th February 2023

On 20th February 2023, the Department of Philosophy at Pattamundai College organized a field visit to Hariharananda Balashram, located in Arua, District Kendrapara. The purpose of the visit was to provide students with practical exposure to spiritual philosophy and to understand the ashram's holistic approach to education, social services, and cultural practices.

The visit began with a warm welcome from the principal and residents of the ashram. The principal gave an insightful introduction to the ashram's core values, including its educational philosophy grounded in Nai-talim, a system that emphasizes learning through experience and self-reliance. The students were given a tour of the ashram's facilities, including the educational spaces, meditation hall, and areas dedicated to yoga and cultural activities such as music and sports. The focus on environmental awareness was evident through the extensive plantation program and cow service initiatives, which aligned with the ashram's eco-centric values.

A crucial highlight of the visit was the interactive session between the students and the principal, during which discussions revolved around the integration of philosophy, education, and community service. Topics such as the philosophy of culture, life discipline, and environmental stewardship were explored in depth. The principal emphasized the need for simple living, mindfulness, and self-discipline as essential components of holistic development.

The students left with valuable reflections on how philosophical principles can be practically applied in daily life, with particular attention to the interconnection between education, social responsibility, and environmental sustainability. This visit allowed the students to broaden their philosophical understanding beyond academic learning and recognize the importance of experiential knowledge in shaping a well-rounded individual.


20/2/2023
IQAO Co-ordinator
Pattamundai College

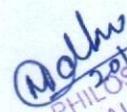

20/02/24
H O D PHILOSOPHY
PATTAMUNDAI COLLEGE

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Field Visit Report to Hariharananda Balashram, Arua, District- Kendrapara

By the Department of Philosophy, Pattamundai College, Pattamundai

Date: 20th February 2023

1. Introduction

The Department of Philosophy at Pattamundai College organized a field visit to Hariharananda Balashram, a unique spiritual and educational institution situated in Arua, Kendrapara district. The visit was part of an initiative to enhance students' understanding of practical spirituality, community engagement, and philosophical principles applied in real life. The students, accompanied by faculty members, embarked on this visit to observe how philosophical ideals are embodied in the daily lives of individuals at the ashram and to foster meaningful dialogues on education, environmental consciousness, and spiritual development.

2. Objective of the Visit

The main objectives of the field visit were:

- To explore the educational philosophy and practices followed at Hariharananda Balashram, with a special focus on experiential learning and Nai-talim (New Education).
- To engage in philosophical discussions with the principal and residents about the integration of spirituality and social services.
- To observe the practical application of yoga, music, sports, environmental awareness, and other activities as part of holistic development.
- To inspire students to reflect on the relevance of philosophical and spiritual practices in their own lives.

3. Background of Hariharananda Balashram

Hariharananda Balashram was founded in the name of Swami Hariharananda Giri, a revered spiritual leader, with a mission to cultivate spiritual, intellectual, and moral development among children and the broader community. The ashram aims to integrate education, service, and spirituality in a harmonious manner, promoting values such as self-discipline, environmental stewardship, and social responsibility. The ashram is well-known for its blend of modern and traditional educational techniques, including experiential learning, meditation, yoga, and cultural activities like music and sports.

4. Itinerary

- **Arrival and Welcome**

Upon arrival at Hariharananda Balashram, the students were warmly welcomed by the ashram's residents. The serene and tranquil atmosphere immediately set the tone for

the visit. The students were introduced to the ashram's history and its commitment to fostering spiritual growth, education, and community service.

- **Introduction to the Ashram's History and Ideals**

The principal of Hariharananda Balashram provided an insightful introduction to the ashram's founding principles and its mission to promote spirituality, education, and holistic development. This introduction laid the foundation for understanding how the various aspects of the ashram, such as education, social services, and cultural activities, aligned with its core philosophy.

- **Tour of the Ashram's Facilities**

During the guided tour, students visited the ashram's educational facilities, meditation halls, living quarters, and green spaces. The emphasis on simplicity, cleanliness, and harmony with nature was evident throughout the ashram's layout and design. This aspect of the visit highlighted the practical application of principles such as minimalism and environmental consciousness.

- **Philosophical Discourses and Meditation Sessions**

Led by the ashram's spiritual leaders, students participated in philosophical discourses and meditation sessions. These sessions delved into the philosophy of culture, spirituality, and self-discovery. Students found themselves reflecting on the significance of these teachings in contemporary society and their potential impact on personal and collective well-being.

- **Group Reflection and Discussions**

Following the interaction with the ashram's leaders, the students gathered to reflect on the day's experiences. They discussed the challenges and opportunities of embracing a simpler lifestyle and the potential impact of incorporating elements like yoga, music, and sports in education. The students' philosophical inquiries extended to exploring the concept of "cow service" and its implications for environmental sustainability and ethical living.

5. Observations and Experiences

The students observed the peaceful and harmonious atmosphere of the ashram. There was a distinct emphasis on simplicity, minimalism, and conscious living, which was reflected in the surroundings and daily activities of the residents. Students were struck by how the philosophy of holistic development permeated every aspect of life at the ashram from education and meditation to social services and environmental awareness.

6. Interaction with the Principal of Hariharananda Balashram

One of the most impactful parts of the visit was the interaction between the students and the principal of the ashram. The principal shared in-depth perspectives on a variety of topics central to the ashram's philosophy.

Education

The principal emphasized that education at the ashram was rooted in the principles of **Nai-talim** Mahatma Gandhi's vision of education that blends learning with real-life experiences. Students at the ashram are taught academic subjects alongside practical skills like farming, music, and carpentry. The goal is to create self-sufficient individuals who can apply their philosophical and academic knowledge in meaningful, socially beneficial ways. The emphasis was on character-building and the cultivation of values like self-reliance, truth, and non-violence.

Social Services

The ashram engages in extensive social services, including providing free education, healthcare, and food distribution programs for underprivileged children and families in the nearby villages. The principal stressed that these services are seen as a form of **selfless action (Karma Yoga)**, where every act is performed with a spirit of service to humanity, without expectation of personal reward. Students observed how this practice aligns with the philosophy of **community responsibility and ethical living**.

Philosophy of Culture

Cultural activities such as traditional music, dance, and storytelling are integral to the educational program at the ashram. The principal explained how these activities help in instilling respect for India's rich cultural heritage while fostering a sense of unity and moral development. Students engaged in discussions about how such cultural practices serve as mediums for philosophical reflection on life, ethics, and community values.

Yoga

Yoga is a daily practice at the ashram, focusing on both physical and mental well-being. The principal described how yoga serves as a tool for achieving **inner balance, mindfulness, and a deeper connection with the self**. Students participated in a brief yoga session led by the principal, experiencing firsthand the calming and centering effects of this ancient discipline.

Nai-Talim (New Education)

One of the core principles discussed during the visit was **Nai-talim** or new education, which integrates academic learning with vocational skills and hands-on experiences. The principal spoke at length about how this model of education is practiced at the ashram, where every student engages in productive labour alongside their studies, creating a deep connection between intellectual and practical life. This philosophy inspired students to think about the relevance of such an educational model in today's world.

Music

Music, according to the principal, plays a vital role in spiritual and emotional development at the ashram. It is seen as a medium for expressing devotion, cultivating inner peace, and bringing people together. The students witnessed a musical session where residents played traditional instruments and sang devotional songs. The principal encouraged the students to reflect on the **philosophical significance of music** in enhancing emotional intelligence and fostering a sense of oneness.

Sports

Physical fitness is also emphasized at Hariharananda Balashram through organized sports and outdoor activities. The principal explained how sports foster qualities like teamwork, perseverance, and discipline, aligning with the broader educational goals of the ashram. Students engaged in a brief interaction with the children who participate in these sports, noting how such activities contribute to a **balanced lifestyle** that integrates mind, body, and spirit.

Plantation and Environmental Awareness

The ashram maintains large organic farms and plantations, promoting **environmental awareness** and sustainability. Students were taken through the plantation area, where the principal explained the importance of living in harmony with nature, reducing waste, and adopting sustainable agricultural practices. The ashram's environmental initiatives are inspired by the philosophy of **non-violence (Ahimsa)** towards nature, advocating for the protection and nurturing of the environment as an extension of one's ethical duty.

Cow Service

Cow service, or **Goseva**, is a traditional practice at the ashram, rooted in the belief that cows are sacred and represent nature's nurturing force. The students learned how cow service is seen as a way to cultivate **compassion, humility, and a connection with the natural world**. The principal discussed the ethical and philosophical reasons behind this practice, explaining its significance in promoting sustainable living.

Life Discipline

The principal highlighted how the ashram emphasizes life discipline through structured daily routines that combine study, meditation, service, and personal reflection. The students were impressed by the rigor and dedication that the residents exhibited, which they recognized as an embodiment of **self-discipline, mindfulness, and ethical living**.

7. Reflections

The students reflected on the profound learning experience gained from their visit to Hariharananda Balashram. Many shared how the interaction with the principal and the residents deepened their understanding of the connection between **philosophy and practical life**. The holistic approach to education, selfless service, and environmental responsibility inspired the students to think critically about how these values could be incorporated into their own lives and educational journeys.

8. Conclusion

The field visit to Hariharananda Balashram was an enriching experience that allowed the students of the Department of Philosophy to explore the practical applications of philosophical teachings in a real-world setting. The integration of education, social services, environmental awareness, and spiritual practices at the ashram served as a powerful example of how philosophy can guide everyday life. The visit reinforced the importance of **experiential learning** and **holistic development** in fostering responsible, ethical, and mindful individuals.

9. Recommendations

Based on the interaction with the principal and their experiences at the ashram, the students recommended the following:

- **Incorporate experiential learning** based on Nai-talim principles in the college curriculum.
- Organize more such field visits to expose students to diverse spiritual and philosophical practices.
- Include **environmental awareness programs** in the college's community outreach initiatives.
- Promote extracurricular activities such as music, yoga, and sports to encourage holistic development.

10. Annexures

- Photographs from the visit

HARIHARANANDA



BALASHRAM



GPS Map Camera



Arua, Odisha, India

Arua, Kendrapara, Odisha, Indupur-Pattamundai, Arua, Odisha
754222, India

Lat 20.594615°

Long 86.511307°

20/02/23 01:39 PM GMT +05:30

Google



GPS Map Camera



Arua, Odisha, India

Arua, Kendrapara, Odisha, Indupur-Pattamundai, Arua, Odisha
754222, India

Lat 20.594615°

Long 86.511307°

20/02/23 01:26 PM GMT +05:30

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GPS Map Camera



Tamalsasan, Odisha, India

HGW7+666, Indupur-Pattamundai, Tamalsasan, Odisha 754211,
India

Lat 20.595496°

Long 86.512761°

20/02/23 01:54 PM GMT +05:30

Google



STUDY TOUR & FIELD VISIT TO HARIHARANANDA BALA ASHRAM, ARUHA
DEPARTMENT OF PHILOSOPHY, PATTAMUNDAI COLLEGE, PATTAMUNDAI DIST-KENDRAPARA, ODISHA.

VENUE: HARIHARANANDA BALA ASHRAM ,ARUHA

DATE:-20.02.2023

TIME: 12.30 PM -4.00 PM

Sl.No	Name of the Participant	Class	Roll No	Contact No	Signature of the Student
01	Monalisha padhi	+3 rd year	BA-20-140	9348192247	Monalisha padhi
02	Pusparani Sethi	+3 rd year	BA-20-133	8457815546	Pusparani Sethi
03	Sujata Behera	+3 rd year	BA-20-127	8114399476	Sujata Behera
04	Panki Priyadarshini Swain	+3 rd year	BA-20-179	8658170109	Panki Priyadarshini Swain
05	Sruuti Prangya Tarai	+3 rd year	BA-21-278	9337282283	Sruuti Prangya Tarai
06	Monalisha Biswal	+3 rd year	BA-21-120	8984781050	Monalisha Biswal
07	Madhusmita Behera	+3 rd year	BA-21-135	8012771665	Madhusmita Behera
08	Prashant Kumar Behera	+3 rd year	BA-21-049	9178014994	Prashant Kumar Behera
09	Saraj Behera	+3 rd year	BA-21-128	7077195218	Saraj Behera
10	Satyaranda Barik	+3 rd year	BA-21-217	73 26864840	Satyaranda Barik
11	Basanta Kumar Mandal	+3 rd year	BA-21-103	7853028634	Basanta Kumar Mandal
12	Snehashree Debasree Rout	+3 rd year	BA 21-205	9668987455	Snehashree Debasree Rout
13	Annanya Priyadarshini Panda	+3 rd year	BA 21-267	9692354271	Annanya Priyadarshini Panda
14	Debasree Majhi	+3 rd year	BA 21-263	8917221796	Debasree Majhi
15	Sabhashree Parida	+3 rd year	BA 21-264	7978294974	Sabhashree Parida
16	Hishree Priyadarshini Sahoo	+3 rd year	BA-20-233	9124812387	Hishree Priyadarshini Sahoo
17	Pankajene Mouda	+3 rd year	BA-20-147	7894684593	Pankajene Mouda
18	Subhasmita Acharya	+3 rd year	BA-20-144	7684894972	Subhasmita Acharya
19	Mousumi Sahoo	+3 rd year	BA-20-124	7735927508	Mousumi Sahoo
20	Satyabati Sahoo	+3 rd year	BA-21-131	9668156972	Satyabati Sahoo

**STUDY TOUR & FIELD VISIT TO HARIHARANANDA BALA ASHRAM ,ARUHA
DEPARTMENT OF PHILOSOPHY, PATTAMUNDAI COLLEGE, PATTAMUNDAI DIST-KENDRAPARA, ODISHA.**

VENUE: HARIHARANANDA BALA ASHRAM ,ARUHA

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Sl.No	Name of the Participant	Class	Roll No	Contact No	Signature of the Student
21	Diptimayee Das	+3 rd year	BA21-233	9937086960	Diptimayee Das
22	Jayashree Das	+3 rd year	BA21-276	9178426521	Jayashree Das
23	Ranjulata Sahoo	+3 rd year	BA20-175	8018751209	Ranjulata Sahoo
24	Swarna lata Sahoo	+3 rd year	BA20-213	7205086218	Swarna lata Sahoo
25	Susanta Kumar Parida	+3 rd year	BA20-209	7789839496	Susanta Kumar Parida
26	Sisire Kumar Swain	+3 rd year	BA20-181	7751985038	Sisire Kumar Swain
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